

## Sample Email

Thank you for your interest in the Family Recovery Journey program at [your society e.g. Manitoba Schizophrenia Society]. I will be the facilitator for the program, which begins on [day and date] at [time] at [address]. Please see the attached flyer.

For the first week, I recommend that you plan to arrive a bit early, as I will be asking everyone to fill in a registration form. Also, parking on the street is free after 5:30 but it can sometimes be hard to find a spot, so be sure to give yourself enough time.

If you have any questions about the program before we begin, feel free to ask me. My phone number is [area code and number] or you can email me. Also please let me know if anyone else will be coming with you, so we can ensure there are chairs for everyone.

The program is for family and friends of persons who experience psychosis and is not suitable for anyone who has active psychotic symptoms.

I look forward to meeting you on [date]

Kind Regards,

[Your Name]

