

Family Recovery Journey

Video Links

Session 1

- **Slide 2:** What is Psychosis?
<https://www.youtube.com/watch?v=RRGGxK3OpNc&feature=youtu.be>
- **Slide 7:** Schizophrenia:
<https://www.youtube.com/watch?v=PURvJV2SMso&feature=youtu.be>
- **Slide 14:** Avatar Therapy
<https://youtu.be/4Gmp9IILUx4>
- **Slide 15:** Personalized Medicine
<https://youtu.be/hDJnql074Ew>
- Avatar Therapy: Video is 3 minutes 45 seconds (3:45); <https://youtu.be/4Gmp9IILUx4>
- Avatar Therapy: Alternate shorter video (1:51); <https://youtu.be/ualyndhm5eo>

Session 2

- **Slide 6:** A Better Way: The LEAP Approach
<https://www.youtube.com/watch?v=NXxytf6kfPM>
- **Slide 7:** Example of LEAP Approach
<https://youtu.be/bSSFhVGu3nI>
- **Slide 13:** A Self-Care Action Plan
<https://www.youtube.com/watch?v=w0iVTQS8ftg>
- How do I get my loved one to go to therapy?
<https://youtu.be/uyCf6p4FChk>
- How to Help a Spouse with Schizophrenia
<https://youtu.be/XKdsQAGTzwY>
- It's Not About the Nail
<https://youtu.be/-4EDhdAHRog>



Session 3

- **Slide 17:** Caring for Someone Who is Suicidal
https://www.youtube.com/watch?v=JXo7k0hDF_I&feature=youtu.be

- **Slide 23:** What to Do (De-escalation Techniques)
<https://youtu.be/6B9Kqg6jFel>

- Drug Use Problems and Mental Illness: Co-Morbidity Explained
<https://youtu.be/5RbEotf0jql>

- Understanding the link between violence and mental health (2:57)
<https://youtu.be/FA2KJoZhSJw>

- Understanding agitation: de-escalation
<https://youtu.be/i1D0tdiIskA>

Session 4

- **Slide 4:** What is the Evidence?
<https://www.youtube.com/watch?v=cY9DNCnRzcU&feature=youtu.be>

- **Slide 13:** Hope Changes Everything
https://www.youtube.com/watch?v=5Q2zkeirxK4&feature=emb_title

- What does a person need in their environment in order to recover? (5:53)
<https://youtu.be/jalEW3yceO0>

- When The Voices Fell Silent trailer (3:19)
<https://youtu.be/MxRqFI6MsYs>

- Sean and Doris Miller: A Story of Hope (13:35)
<https://youtu.be/EDblspgSoc0>

